

BIODATA

Ms. Lui Moy Yub

*Clinical Psychologist, Mahkota Medical
Centre, Malaysia*



Ms.Liu Moy Yub (May) is a Clinical Psychologist currently practicing at Mahkota Medical Centre, Melaka. She holds a Masters in Clinical Psychology and was trained in Cognitive Behavioural Therapy. Due to her interest in mindfulness, she practices mindfulness-based therapy by incorporating mindfulness practices to promote insights and learning in her therapy. During her five year tenure in this field, she had treated various patients ranging from children to the elderly. She has experienced dealing with issues related to depression, anxiety, eating, sexual and child development or learning problems.

Ms.Liu is also an international affiliate with American Psychological Association (APA), a member of Malaysian society of Clinical Psychology (MSCP) and a member of KL Buddhist Mental Health Association (KLBMHA).She Was also featured as a guest consultant for a magazine called "The Heat" and a TV Programme entitled "My Kid Can" on Astro AEC Channel.

Ms.Liu is one of the trainers for Mindful-Gym run by KLBMHA in Kuala Lumpur. She believes it is important for her to provide support to strengthen parents' basic understanding of a family in order to raise a mindful-generation. Therefore, she is actively promoting mindful parenting to the community by giving talks, workshops and group training.